

ShorePointe Village News

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Fall Harvest

Thursday, October 10th
5:30pm-7:00pm

Please RSVP with our
Reception Staff no later than
Thursday, October 3rd



Family Halloween Night

Monday, October 28th
6:30pm-7:30pm



Bring in the kids and grand-kids dressed in their
Halloween Costumes for some goodies, crafts, and fun!



From the Director's Chair

Happy October!

October is here, and in the northern hemisphere that often means the days are flush with falling leaves, chilling weather, and growing anticipation for the holiday season.

Children may look forward to October for Halloween, which falls at the month's close, but beer-lovers may be more excited for what's happening at the beginning of the month—Oktoberfest. This long-standing beer festival has gained popularity around the world, but the true Oktoberfest is located in Munich, Germany, where the festival has been held since 1810.

The Oktoberfest celebration marks the beginning of a new beer-brewing season, as cooler temperatures bring optimal beer-brewing months—the colder weather keeps beer from spoiling. It has long been a tradition to polish off the remaining beer from the year to prepare the casks for a new brew in autumn.

I would like to personally honor all of our centenarians at the Village. On September 22nd, seniors who were 100+, were honored for National Centenarian's Day! Congratulations Genevieve (101), Mamie (104), Albert (100), Bob (103), Phyllis (100), Florence (101), Lou (100)!

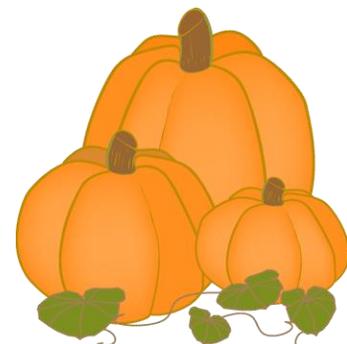
One of our favorite parts of October is planning for our upcoming Fall Festival Anniversary Celebration! We have just completed our 20th year of operation and believe we have much to celebrate!

This year's event will be Thursday, October 10th so don't forget to mark your calendars. Invitations have gone out to all residents and family members for whom we have contact information on file. We plan to serve some yummy hors d'oeuvres and desserts, with seating throughout the first and second floor neighborhoods, activity room and lobby living room. Please plan to RSVP early with any of our reception staff.

You recently received information of our annual flu clinic scheduled for Tuesday, October 8th and Wednesday, October 9th. Authorizations to accept or decline this vaccination are required from all family members or residents. Whether receiving your immunization here at ShorePointe Village or getting one from your private physician, everyone is asked to consider protecting themselves (and ultimately others) by becoming immunized.

Happy Fall Y'all!

Julie



Health and Wellness

Have you heard of the “Daily 4”?

October is Dental Hygiene Awareness Month. The focus this year is on the “Daily 4”

- (2) Brush your teeth twice a day
- (3) Floss your teeth at least once a day
- (4) Use an antimicrobial mouth wash at least once a day

The American Dental Association (ADA) recommends adults visit their dentist at least once a year to get a routine examination and cleaning. Those who have a history of periodontal disease should get their teeth cleaned more frequently to avoid infections and prevent disease. Periodontal disease is the advanced form of gum disease and results in tooth loss. It is also linked with cardiovascular disease, stroke and bacterial pneumonia.

What This Means to You

Given the potential link between periodontitis and systemic health problems, preventing periodontitis is an important step in maintaining your overall health. In most cases, this can be accomplished with daily oral hygiene, including brushing and flossing, and regular professional care. Tell your dentist about changes in your oral health, including any recent illnesses or chronic conditions.

Also provide an updated health history, including medication use—both prescription and over-the-counter.

At ShorePointe Village we have Dr. Thomas William Jerger DDS who comes to our community to see residents.

Dr. Jerger will set up a temporary office in the Rehab Gym on 1 West if seeing more than one resident and at other times goes directly to the resident’s apartments.

If you would like to set up an appointment with Dr. Jerger stop by the front desk and fill out a consent form and you will be seen on his next visit to the Village!

Employee of the Month



The October Employee of the Month is afternoon shift Lead Care-giver and Med Tech Cortnie White. This is Cortnie’s second time being chosen as EOM in the 3 1/2 years she has worked here. Cortnie looks forward to coming to work everyday and making a difference in the lives of the residents.

Outside of work, Cortnie enjoys shopping, trying new restaurants and traveling. Her favorite place to visit is New Orleans, Louisiana. Cortnie enjoys the culture and food there and can easily relate to the city because her mom is from New Orleans. Cortnie hopes to travel to Fuji one day, as that is her dream destination.

Cortnie will soon begin perusing a RN program, because she feels like working in health care and caring for others is her calling. We agree Cortnie, congratulations and THANK YOU for all you do!

Morrison Senior Living

Fall Greetings!

Save the Date!! It's that time of year again. October 10th, 5:30-7pm, we will be having our 20th Annual Anniversary Open House. We will have fall inspired appetizers and desserts. A fun evening for residents, family members, staff, and friends!

Did everyone check out our culinary staff's new chef coats? It was time to retire our old reds and get into something a little more modern. Looking sharp, guys!

Fall menu is now out. We are replacing some of the lighter fare with more filling and hearty options. Did you know, there is an "Always Available" menu you can choose from? If there is ever a time you would like something other than the posted menu, let your caregiver know!

October is the beginning of all things fun and halloweenie! I always browse the internet for new inspiration. This recipe is not only fun and easy, it puts a fall twist on the classic!

Pumpkin Muddy Buddies

Ingredients

1 C. White Chocolate Chips

2 Tbsp. Butter

2 Tbsp. Heavy Cream

1/3 C. Canned Pumpkin

1 tsp. vanilla

1 1/2 Tsp. Pumpkin Pie Spice

1/2 Tsp. Cinnamon

8 C. Rice Chex

1 1/2 C. Powdered Sugar

3 Tbsp. Sprinkles

1 C. Candy Corn

Instructions; Add chocolate chips, butter and heavy cream to a microwave safe bowl.

Microwave for 1 1/2 - 2 minutes; stirring every 30 seconds until melted.

Add pumpkin, vanilla, pumpkin pie spice and cinnamon; whisk into chocolate mixture until combined.

Add Chex to a large mixing bowl; lightly stir in pumpkin mixture until combined.

Add powdered sugar to a gallon zip-loc bag.

Add the Chex mixture to the bag of powdered sugar, seal and shake until coated.

Remove from bag and place on wax paper until cool.

Add to a large Tupperware; lightly stir in sprinkles and candy corn before storing or serving.

Enjoy!

Stacy Henderson



In Touch with your Spirituality by Tom McCarren

Mercy

“So speak and so act as people who will be judged by the law of freedom. For the judgement is merciless to one who has not shown mercy; mercy triumphs over judgement” (James 2:12-13)

This is certainly a sobering text. James clearly tells us that we need to continually **so** mercy to others.

This seems challenging and frankly almost impossible. How do we treat strangers or those who have wronged us with mercy? Do we even have it within us to do? By the grace of God, we have a chance.

Fr. Craig was taking a bit of quiet time for himself. He decided to drive about 20 minutes to go to a Tim Horton's for a cup of coffee and some quiet so he could work on some writing he was trying to get done. He was about ten minutes into his writing, quietly engrossed into his computer when he looked up and noticed a woman who was alone and sat down at a table just a short distance away. He noticed that she looked very sad and was crying.

Fr. Craig began to think. Should I go over there? This is not even my parish, maybe I should just ignore her. Then the Spirit of the Lord spoke to his heart. He felt a clear prompting from the Holy Spirit to stop what he was doing and go introduce himself to the woman. He did not want to do this, but in his willingness to do what the Lord asks, in the silence of his heart he agreed to stop what he was doing and go over there.

He stood up and gently walked over to the woman and introduced himself. He asked if there was anything he could do for her. To his surprise, she asked him to sit down and they talked for over an hour. Through the course of their conversation, she cried some more and spoke of the things that were on her heart. It turns out that an underlying issue of hers was that she was seeking the Lord and didn't think she was worthy of finding Him. Fr. Craig mostly listened. They even prayed together for quite a while.

All of this is to say that Fr. Craig was well out of his comfort zone when he reached out to the woman. He was a reflection of the love and mercy of the Lord to this complete stranger. Literally, by the grace of the Lord, he was able to show a great deal of kindness to someone he had only know for a few minutes.

We are all called to show kindness and mercy to everyone we come in contact with. The Lord clearly tells us that this is His expectation for us. We are promised that His grace alone is sufficient for us. “I have the strength for everything through Him who empowers me.” (Philippians 4:13)

So the answer is clear. Left to our own devices, we will fail miserably. However, The God of the universe who loves you so very much, promises us that He will empower us when we seek His will in our lives.

“For everyone who asks, receives; and the one who seeks, finds; and the one who knocks, the door will be opened.” (Matthew 7:8)

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The Village Leaders

Director: Julie Nanney

Wellness Coordinator: Debbie Hampton, R.N.

Controller: Melissa Wypych

Sales and Marketing Director: Heather Michael

Plant Manager: Mark Reifert

Activities Coordinator: Celeste Lewis

Morrison Senior Dining Chef Manager: Stacy Henderson

